I Sarah Woozley am 41 years old. I have lived in Connecticut since 2007. I have been arrested on multiple occasions as a result of my mental illness.

I have felt physically abused while in police custody and have found police officers to abuse the power that has been invested in them.

Police officers need extensive training in dealing with citizens with mental illness. Police officers should have a protocol other than arrests for dealing with people having a mental health crisis.

Police officers have stollen property from me while my property has been in police custody. Police officers have made arrests and residential stay always based on little to no investigation into the circumstances or the consequences of the action taken. Police officers have used brut strength to hurt and intimidate.

My interactions with the police have caused me to view them as a threat to my personal safety and my wellbeing.

I believe that community based leadership and education are needed to resolve our current issues.

Sarah Woozley